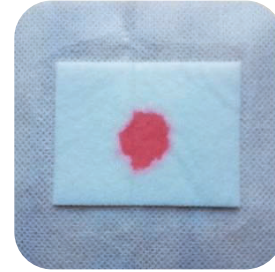


ESTIMATING EXUDATE

Effective exudate management can reduce time to healing, reduce exudate related problems such as periwound skin damage and infection, **establish appropriate dressing change frequencies** and improve patients' overall quality of life.¹

FREQUENCY OF DRESSING CHANGE

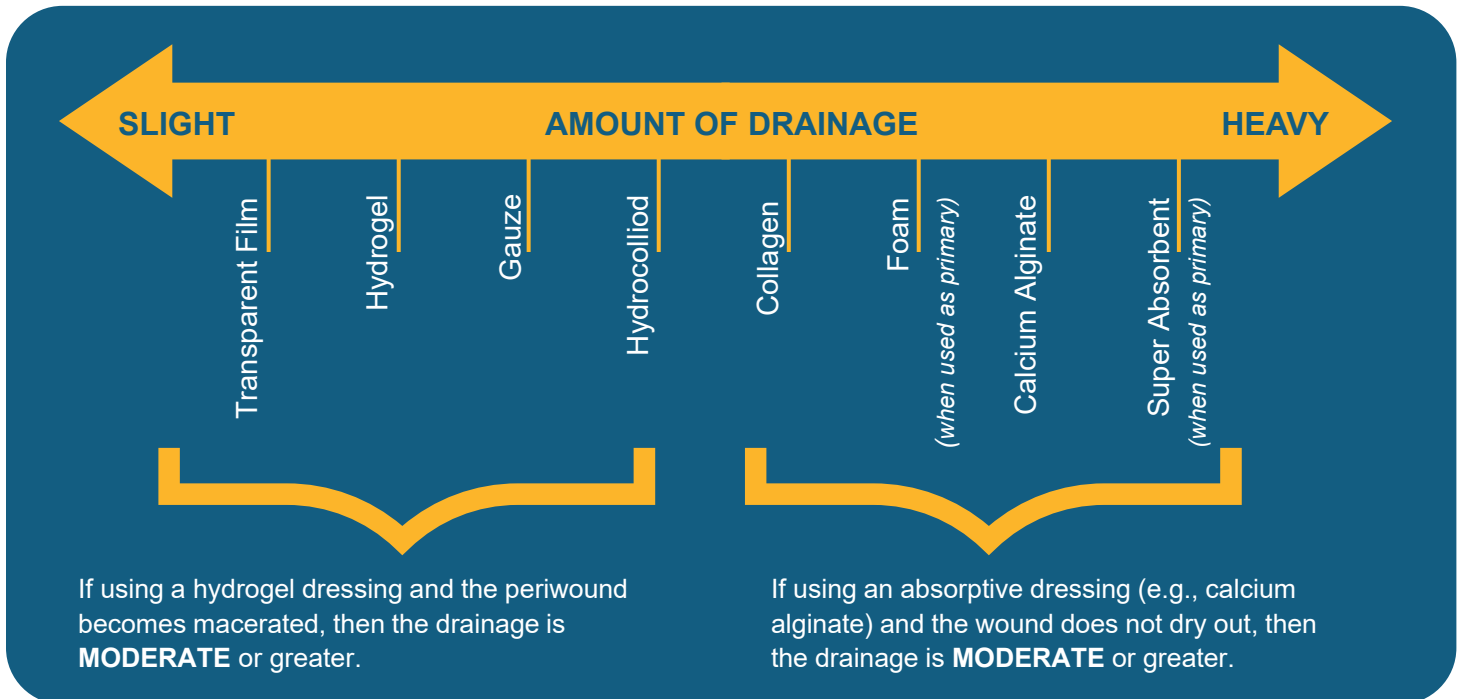
- Viewing the old dressing and knowing when this dressing was last applied is critical in making an accurate assessment of wound exudate.
- Any wound requiring a daily dressing change due to drainage is expressing **MODERATE** drainage (or greater).



- Changed 1 week ago → **SCANT**
- Changed 1 day ago → **MODERATE**
- Changed 12 hours ago → **HEAVY**

Courtesy: Dot Weir, RN, CWON, CWS

TYPE OF DRESSING USED



References:

¹ M Romanelli, K Vowden, D Weir. Exudate Management Made Easy. Wounds International 2010; 1(2): Available from <http://www.woundsinternational.com>

This information is provided for informational purposes only. Patient management decisions should be based on a number of factors, including (but not limited to) professional society guidelines and published clinical literature relevant to a patient's condition. Providers are encouraged to rely on their training and expertise, as well as any and all available information, prior to making management or treatment decisions for any individual patient.